

全港 o50 精英龍舟聯賽

一群龍舟資深運動員，為延續追龍的夢，重拾在賽場上的鬥心，組織全港 o50 精英龍舟聯賽，為龍舟薪火相傳，創造另一奇蹟。

2015 年聯賽要點如下：

1. 運動員

- a) 除個別賽會規定外，划手必須於 1965 年或之前出生，性別不限
- b) 除賽會有規定外，鼓手及舵手沒有年齡或性別限制。

2. 比賽

- a) 各參加聯賽隊伍須參加以下五場 o50 組別比賽：

	日期	地點	賽事
1	4 月 26 日	深水灣	深水灣小龍短途賽
2	8 月 2 日	長洲	香港龍舟超級聯賽
3	9 月 26-27 日	沙田	香港龍舟錦標賽 - 200 米
4			香港龍舟錦標賽 - 500 米
5	10 月 11 日	淺水灣	淺水灣小龍競賽

- b) 每次比賽，各隊自行報名參賽，並按賽會規則完成比賽。
- c) 每次比賽，按賽會規則核實賽員參賽資格；或可在賽前集合各隊隊員，由各領隊檢視，如有需要，可要求賽員出示年齡證明。

3. 計分

- a) 每次比賽，勝出第一名 10 分、第二名 9 分，如此類推。
- b) 五場比賽後，每隊總分只以其中最高分數的四場計算。
- c) 以總分決定聯賽名次。同分以最後一場對賽成績計算。
- d) 所有參賽隊伍均可獲獎盃乙個；冠、亞、季軍可獲 15 個獎牌。

4. 參加辦法

- a) 有興趣參加以上聯賽隊伍，請以 whatsapp 或電話聯絡：
92051776（自由龍 - 財哥）、 94299017（龍之友 - 林志光）、
91072729（匯洋 - Fenton）、 64089645（康柏龍 - Ricky）、
60319554（風勝龍 - Rocky）、94350688（尖峰龍 - Francis）、
94095479（挑戰龍 - 生哥）
- b) 每隊需在 4 月 26 日前繳交\$500，作為製造聯賽獎盃或其他支出。有關費用將交由專人保管。

Hong Kong o50 Dragon Boat League

The Hong Kong o50 DB League is a series of DB events organized by a group of DB veterans over the racing season at designated venues throughout the territory. Each event has a regatta format to determine overall placings at the event. Races are in small boats.

2015 League arrangement:

1. Crew member

- a) Unless specified by the event organizer, all paddlers must be born in 1965 or before, no gender limitation.
- b) Unless specified by the event organizer, there is no gender or age limitation for the drummer and steersman

2. Race events

- a) All crews joining the League will race in the o50 category of the following events:

	Date	Venue	Event
1	26 Apr	Deep Water Bay	DWB small DB Race
2	2 Aug	Cheung Chau	DB Premier League
3	26-27 Sept	Sha Tin	HK Championship - 200m
4			HK Championship - 500m
5	11 Oct	Repulse Bay	Repulse Bay DB Race

- b) Each crew will enroll to the above events as per organizers' requirement.
- c) On the day of each event, crew members may be required to show identities to proof their age.

3. Points

- a) 10 points are awarded to the first placed crew at each event, 9 for second, and so on.
- b) A crew's placing at the end of the year is decided on the sum of the crew's best four points results scored over the season.
- c) When there is a draw between teams, their placings are determined by the results of the last event.
- d) All participating teams will be awarded a cup; and 15 medals will be awarded to the top three teams.

4. Enrollment

- a) Interested crews can contact or whatsapp the following:
92051776 (Freedom Dragon - Mr Lui)、 91072729 (Way Young - Fenton)、
60319554 (Fung Shing Dragon - Rocky)、 94350688 (J-Dragon - Francis)
- b) Enrollment fee is \$500 per crew, to be paid on or before 26 April. The fee will be kept by designated personnel and will used for making the trophies and medals.