





Leisure & Cultural Services Department

Hong Kong China Dragon Boat Association

7th Hong Kong Long Distance Dragon Boat Championships (Charity)

16 October 2016 (Sunday)

HKCDBA Training Centre, On King Street, Shek Mun, Shatin

Bulletin

Date of publication: 17 March 2016

You are cordially invited to participate in the Hong Kong Long Distance Dragon Boat Championships organized by Hong Kong China Dragon Boat Association and subvented by Leisure and Cultural Services Department scheduled on 16 October 2016. To celebrate the Association's 25th Silver Jubilee, we would like to make the annual long distance race a charity event this year. Each participating team will fundraise no less than HK\$10,000 (Open & Mixed), HK\$15,000 (Inter-company) and HK\$5,000 (Junior U23) for the *Hong Kong Federation of Handicapped Youth* (HKFHY), a charitable organization, for the purpose of strengthening the confidence and social network of the disabled as well as enhancing their job skills and employment opportunities. For more information about HKFHY, please visit their website at www.hkfhy.org.hk. Members of HKFHY will also join this event in a demonstration race. Details are as follows:

Date: 16 October 2016 (Sunday)

Time: 10:00am – 3:00pm

Venue: HKCDBA Training Centre, On King Street, Shek Mun, Shatin

Enrollment 23 May 2016 (Monday). Completed set of entry form, required documents and entry fee must be postmarked no later than this date. No refund will be accepted

upon successful enrollment. Payment receipt will be distributed at the Team

Managers' meeting.

(Note: Successful entries will rest with the total number of participating teams.)

Admin.	Charge	Item						
charge for	\$100/participant/category	Submit or change personal information or photo						
change of		between 15 and 21 September 2016						
information	\$200/participant/category	Submit or change personal information or photo						
and		between 22 and 28 September 2016						
incomplete	\$400/participant/category	Submit or change personal information or photo						
application:		between 29 September and 5 October 2016						
	Change of information will NOT be allowed on or after 6 October 2016							







Leisure & Cultural Services Department

Subvented by

Hong Kong China Dragon Boat Association

7th Hong Kong Long Distance Dragon Boat Championships (Charity)

16 October 2016 (Sunday)

HKCDBA Training Centre, On King Street, Shek Mun, Shatin

Race Categories and Fee

Categories	Standard Boat			Entry Fee	Minimum
	Race Course	Distance	Quota	(Per team per category)	Fundraise
	Route			category)	
	Start from			HK\$800 (Member)	HK\$15,000
Inter-Company	HKCDBA		7	HK\$1,000	
	Training			(Non-member)	
Junior U23	Center, finish		6	\$300 (Member)	HK\$5,000
Junioi 023	at Tai Mei Tuk.		0	\$400 (Non-member)	
	Start from Tai	12.5 km		HK\$800 (Member)	HK\$10,000
Open	Mei Tuk, Tai	12.5 KIII	6	HK\$1,000	
	Po, finish at			(Non-member)	
	HKCDBA		6	HK\$800 (Member)	HK\$10,000
Mixed	Training			HK\$1,000	
IVIIXEG	Center, Shek			(Non-member)	
	Mun.				
	Start from the				
	entry of Shing				
HKFHY	Mun River,				
Demonstration	finish at	1 km	1	N/A	N/A
Race	HKCDBA	I KIII	'	IN / A	IN/A
Nace	Training				
	Center, Shek				
	Mun				

^{*} All team names must start with respective name of HKCDBA voting / ordinary members.

Race Rules and Regulations

The IDBF Rules and Regulations and Amendments for HKCDBA Competitions - Rules and Regulations shall apply. Please download the race rules and regulations from HKCDBA website http://www.hkcdba.org

** All team mangers and participants should be familiar with the race rules and regulations.

Race Format

To be announced at the Team Managers' Meeting.







Leisure & Cultural Services Department

Hong Kong China Dragon Boat Association

16 October 2016 (Sunday)

7th Hong Kong Long Distance Dragon Boat Championships (Charity)

HKCDBA Training Centre, On King Street, Shek Mun, Shatin

Enrollment Procedure

Date & Time	Activity			
23 May 2016 (Mon)	Enrollment Deadline			
31 May 2016 (Tue) 7:00 pm	Fundraise Briefing Fundraise details and arrangements will be announced during the briefing session. All team managers or representatives must attend; Venue: Hong Kong Federation of Handicapped Youth No. 1-3, G/F, Wang Kei House, Wang Tau Hom Estate, Kowloon. Teams can be start fundraise immediately.			
15 August 2016 (Mon)	Confirmation of Fundraise Teams must hand over raised funds to the Hong Kong Federation of Handicapped Youth directly on or before due day. (Teams unable to meet the minimum fundraise requirement will be disqualified and will be replaced by reserved teams.)			
14 September 2016 (Wed)	Confirmation of Crew List There will be an administration charge for late submission. Please see Dates and Penalties for Request to Change Information for details.			
4 October 2016 (Tue) 19:00 hrs.	Team Managers Meeting and Draw of Race Lanes. Briefing of race regulations, race format, arrangement and distribution of materials and draw of race lanes. (The draw results will be announced on website from 10:00pm onwards.) Venue: Meeting Room, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong. NOTE: All teams must comply with the race rules and regulations and arrangements announced at the Team Managers' meeting.			
16 October 2016 (Sun)	Race Day Race 1: (Standard Boat 12.5 km): Inter-company & Junior (U23) 10:00 hrs.: Start from HKCDBA Training Center, finish at Tai Mei Tuk. Race 2: (Standard Boat 12.5 km): Open & Mixed 12:30 hrs.: Start from Tai Mei Tuk, Tai Po, finish at HKCDBA Training Center, Shek Mun. HKFHY Demonstration Race – Race time to be confirmed			







Subvented by Leisure & Cultural Services Department

Hong Kong China Dragon Boat Association

7th Hong Kong Long Distance Dragon Boat Championships (Charity)

16 October 2016 (Sunday)

HKCDBA Training Centre, On King Street, Shek Mun, Shatin

Awards

Winners of different finals will receive the following awards:

The Champion, 1st and 2nd runner-ups will be awarded a trophy and medals (32 for Standard Boat) each. Other teams will be awarded a trophy.

To encourage teams to raise more funds, an award will be presented to the team with the highest fundraise amount, details to be confirmed.

Equipment

- 1) All equipment would be provided by HKCDBA.
- Participants may use their own paddles, which should meet the requirements set out in accordance with the Clause 5.2 of the "Amendments of HKCDBA Competition Regulations and Rules of Racing".
- 3) Participants may use their own buoyancy aid or life jackets.

Entry Requirements

Categories	Entry Requirement				
All participants must be	 Able to swim with light clothing only at least 50m; Holders of valid Athlete Registration Cards; Buoyancy aid must wear on board; Aged 12 or above as of 1 June 2016. 				
Open	No gender limitation.				
Mixed	 8-12 female paddlers for Standard Boat; No gender limitation on helm and drummer. 				
Inter-Company	 For companies with valid Business Registration Certificates only. Teams shall provide a copy of valid Business Registration Certificates; All paddlers must be full-time staff of the company; Paddlers shall provide a copy of their staff ID or certification letter; No gender limitation. 				
Junior U23	 Aged below 23 as of 1 June 2016 (except for helm and drummer); No gender limitation. 				







Hong Kong China Dragon Boat Association

Leisure & Cultural Services Department

7th Hong Kong Long Distance Dragon Boat Championships (Charity)

16 October 2016 (Sunday)

HKCDBA Training Centre, On King Street, Shek Mun, Shatin

Race by-law

- All participants should be holders of valid HKCDBA athlete cards and be able to present the original copies of the cards to our staff at every race on the race day. For those who are unable to present the HKCDBA athlete cards for any reason, a card replacement charge of HK\$100 will be imposed on the spot.
- 2) Standard Boat Races: Maximum number of participants in each team is 34 including 1 team manager, 1 coach, 1 drummer, 1 helm, 16 to 18 paddlers and 12 reserves. (For safety reason, suggest the first seat of the boat be emptied)
- 3) There is no limitation on the number of race entries participated by each organization.
- 4) Category with less than 3 participating teams will be cancelled.
- 5) Each team **must have a Team Manager**, who must be present in the Crew Assembly Area during the time when the team is racing and is under the monitoring of Race Officials.
- 6) The coach can also be the drummer or helm with clear indication on the crew list.
- 7) Reserve for helm or drummer: In case the registered helm or drummer cannot participate in the race, the position can be replaced by any member in the crew list.
- 8) Reserves for paddlers, drummer and helm are also subject to the entry requirement of the corresponding categories.
- 9) HKCDBA Organizing Committee shall have the right to refuse any entry into the races at its sole discretion.
- 10) Any team who severely contravenes any race rules and regulations or disciplinary code will be disqualified, and are not entitled for any awards. Entry for all dragon boat race held by the HKCDBA will be suspended, length of suspension will be determined by the Organizing Committee.
- 11) HKCDBA reserves the right to restrict the number of racing paddlers according to weather condition for safety reason.
- 12) In case of illegal construction or illegal occupation of public area or destruction of facilities / planting, teams may be prosecuted and disqualified with no refund.
- 13) If there is any inconsistency between the English version and Chinese version, the Chinese version shall prevail.
- 14) In case of any dispute, the decision of HKCDBA should be final and reserves the right to revise the race regulations at its sole discretion.







Hong Kong China Dragon Boat Association

Leisure & Cultural Services Department

7th Hong Kong Long Distance Dragon Boat Championships (Charity)

16 October 2016 (Sunday)

HKCDBA Training Centre, On King Street, Shek Mun, Shatin

Arrangement under inclement weather

If typhoon signal No. 3 or above, red or black rainstorm warning signal is in force at 07:00hrs. on the race day, all the races will be cancelled. Entry fee would not be refunded.

If thunderstorm warning, typhoon signal No. 1, amber rainstorm warning signal is in force on the race day, all teams shall report on time. Cancellation or delay of races is subject to the final decision of organizing committee. All teams should obey the arrangement announced by organizing committee.

In case weather condition is getting worse during the races, the organizer reserves the right to cancel or postpone the race. Entry fee would not be refunded.

Race Course Route



Inter-Company & Junior U23 Start from HKCDBA Training Center, finish at Tai Mei Tuk.

Open & Mixed Start from Tai Mei Tuk, Tai Po, finish at HKCDBA Training Center, Shek Mun.







Hong Kong China Dragon Boat Association

Leisure & Cultural Services Department

7th Hong Kong Long Distance Dragon Boat Championships (Charity)

16 October 2016 (Sunday)

HKCDBA Training Centre, On King Street, Shek Mun, Shatin

Enrollment method

Please send the following documents to HKCDBA Secretariat by email / fax / post before deadline:

1) Completed "(1) Entry Form & (2) Crew Registration Form / Crew List;

2) Entry Fee:

- a. Crossed cheque and make the fees payable to "Hong Kong China Dragon Boat Association"; or
- b. Direct deposit to HSBC A/C 600-650-568-003 (Please state clearly the TEAM NAME.)

3) Athlete Registration & Admin. charge for changing information:

- a. Crossed cheque; or
- b. Direct deposit to HSBC A/C 600-650-568-002 (Please state clearly the TEAM NAME.)

4) Fundraise

Payment method will be announced on the Fundraise Briefing Session. All teams' managers or representatives must attend;

Points to note

- 1. Write down your team name and participated categories at the back of cheques or deposit slips.
- 2. Retain a copy of the cheques or deposit slips for your own record.
- 3. It will be deemed as outstanding payment if there is problem banking in your cheque.
- 4. Postal address: Room 1032, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay.

Enquiry

Hong Kong China Dragon Boat Association

Tel: (852)2504 8332 Website: www.hkcdba.org
Fax: (852)2577 1873 Email: hkdba@hkolympic.org

We look forward to your joining us for this meaningful event!

Organizing Committee of

7th Hong Kong Indoor Dragon Boat Championships (Charity)

^{**} All personal data collected will be solely used for the purpose of arranging this event. Please contact the Association should you prefer to get back any documents submitted within one month upon the completion of the event else respective data will be permanently destroyed from the files.







Hong Kong China Dragon Boat Association

Leisure & Cultural Services Department

7th Hong Kong Long Distance Dragon Boat Championships (Charity)

16 October 2016 (Sunday)

HKCDBA Training Centre, On King Street, Shek Mun, Shatin

7th Hong Kong Long Distance Dragon Boat Championships (Charity)

16 October 2015 at HKCDBA Training Centre, Shek Mun

(1) Entry Form

Team name (Chi)		(En	ng)				
Name of club/team/				Member No.				
organization			(If applicable	∍)				
Address								
Contact person			Phone r	number				
			 emerg	ency contact				
Email		person & phone number						
Participated category	,							
Standard Boat 12.5	5km	Open	Mixed	Inter-company	Junior (U23)			
(20 max.)	-							
Declaration								
We, the club / team / org to accept this applicatio complete. We declare participate in the dragor Kong China Dragon Boa while traveling to and fro	on without that all the boat races at Association	giving any reason there e participants can swim s. We understand that on from any responsibilit	efore. We warrant that for at least 100 meto we join the training or by in the event of injury	e rules and regulations of the Ast that the information supplied afo ers. All of them are healthy, p r races at our own risk. We a to death or loss of property incu- poperty is due to our own negligation.	resaid are true, correct and physically fit, and suitable to lso agree to discharge Hong rred, as a consequence of or			
	in this race	e under 18 years old and	d we take full responsi	approval from parent(s) / legal ibility for the care and safety of				
compensation is \$20,00	0,000 and 9	\$200,000 for accidental	death respectively. I	d Personal Incident Insurance will purchase extra insurance of at Association to process this a	coverage myself if necessary			
			Stamp of club	1				
Signature			company / sch	nool				
Name			Γ	Date				



Team name

(Chi)





Subvented by

Hong Kong China Dragon Boat Association

Leisure & Cultural Services Department

7th Hong Kong Long Distance Dragon Boat Championships (Charity)

16 October 2016 (Sunday)

HKCDBA Training Centre, On King Street, Shek Mun, Shatin

7th Hong Kong Long Distance Dragon Boat Championships (Charity)

16 October 2015 at HKCDBA Training Centre, Shek Mun

(2) Crew Registration Form / Crew List

(Eng)

* One Crew Registration Form per category. Please

Category:					make p	hotocop	ies of	this fo	rm if	nece	ssary	/ .		
Deta	ails of p	articipa	ants :	We declare th	e following particip	ants are	member	/staff/st	udents	of ou	r club	/com	pany	school.
				English n	ame in full	Sex		HKID first 4 digits						
Team Manager														
	Co	ach												
	*F	Race No).	Position	English na	ame in fu	II	Sex	Ath	lete re	gistra	ation r	numb	er
1				Drummer					1			1 1		
2				Helm										
3				Paddler]			1 1		
4				Paddler								1 1		
5				Paddler					1			1 1		
6				Paddler					ĺ					
7				Paddler										
8				Paddler										
9				Paddler										
10				Paddler										
11				Paddler										
12				Paddler										
13	3			Paddler										
14				Paddler										







Hong Kong China Dragon Boat Association

Subvented by Leisure & Cultural Services Department

7th Hong Kong Long Distance Dragon Boat Championships (Charity)

16 October 2016 (Sunday)

HKCDBA Training Centre, On King Street, Shek Mun, Shatin

	*Race No	Position	English name in full	Sex	Sex Athlete registration number					
15		Paddler				Ì				
16		Paddler				l l				
17		Paddler								
18		Paddler								
19		Paddler								
20		Paddler				Ì				
21		Substitution				Ì				
22		Substitution								
23		Substitution								
24		Substitution								
25		Substitution								
26		Substitution								
27		Substitution								
28		Substitution								
29		Substitution								
30		Substitution								
31		Substitution								
32		Substitution								

^{*} Race No. - for Race Official's Use

Stamp of club / company / school: