



6th Hong Kong Long Distance Dragon Boat Championships

15 November 2015 (Sunday)

Bulletin Revised on 15th October 2015

We are pleased to announce that the 6th Hong Kong Long Distance Dragon Boat Championships which is organized by Hong Kong China Dragon Boat Association and subvented by Leisure and Cultural Services Department, the Championships will be held on 15th November 2015, Sunday at Shing Mun River, HKDBA Training Centre, On King Street, Shatin. Details are as follows:-

Date: 15 November 2015, Sunday

Time: 10am – 3pm

Venue: Shing Mun River, HKDBA Centre, On King Street, Shek Mun, Shatin

Distance: 10km / 5km

Enrollment deadline: 26th October 2015, Monday

As indicated by postmark with submission of completed entry form, all required documents and entry fee. No refund after enrollment is confirmed by HKCDBA. Payment receipt will be distributed at Team Managers' meeting.

(Success entry rest with the total number of participating teams)

Administration charge for alteration and incomplete application:

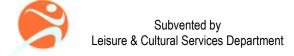
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	<u>Charge</u>	<u>Item</u>						
	\$200/participant	Submit or change personal information from 27 th October						
	per event	2015 to 11 th November 2015.						
		Changes will not be accepted from 12 November 2015						

Race Categories

Categories	Open	Women	Mixed	Senior (O40)	Junior (U23)			
Race Course 10km (Standard Boat)								

- ➤ Maximum 10 male paddlers for the Mixed Championship.
- > Only Standard boat with 20 paddlers (including Drummer and Steersman) are available in all categories
- > The quota for each category is 20 boats; enrollment will be accepted on first come first served basis.
- Maximum 6 paddlers reverse for each boat.





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Categories	Open	Women	Mixed	Senior (O40)	Junior (U23)	
Race Course 5 km (Small Boat)						

- > Maximum 6 male paddlers for the Mixed Championship.
- > Only Small boat with 12 paddlers (including Drummer and Steersman) are available in all categories
- ➤ The quota for each category is 20 boats; enrollment will be accepted on first come first served basis.
- > Maximum 6 paddlers reverse for each boat.

Age

- 1. All participants should be aged 12 or above as of 1 June 2015.
- 2. Senior O40: All paddlers should be aged above 40 as of as of 1 June 2015. (Drummer and Steersman are not included)
- 3. Junior U23: All paddlers should be aged 23 and under at 1st June 2015. (Drummer and Steersman are not included)

Race rules and regulation

It will be run in accordance to the IDBF Rules and Regulations and HKCDBA Hong Kong Amendments (4rd Edition) (revised version released on 1 Mar 2015). Please download the race rules and regulation from HKCDBA website http://www.hkdba.com.hk.

Entry Fee

Open / Woman / Mixed / Senior (O40)	Standard Boat	Small Boat			
2015-16 Voting/Ordinary Member	HKD\$1200 / team	HKD\$800 / team			
Non-Voting Member	HKD\$1500 / team	HKD\$1000 / team			
Junior (U23)					
2015-16Voting/Ordinary member	HKD\$800 / team	HKD\$500 / team			
Non-Voting Member	HKD\$1000 / team	HKD\$700 / team			

^{*} Team(s) organized by voting members should be with their registered member title existed in the participating team name.

^{**} All team managers and participants should be familiar with the race rules and regulations.





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Race Format

To be announced at the team managers' meeting.

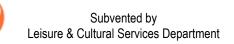
Awards

Trophy and 26 Medals will be awarded to the Champion, 1st runner-up and 2nd runner-up of each standard boat category.

Trophy and 18 Medals will be awarded to the Champion, 1st runner-up and 2nd runner-up of each small boat category.

Arrangement under inclement weather

- 1) If typhoon signal No. 3 or above, red or black rainstorm warning signal is in force at 7am on the race day, all the races will be cancelled. Entry fee would not be refunded.
- 2) If thunderstorm warning, typhoon signal No. 1, amber rainstorm warning signal is in force on the race day, all teams shall report on time. Cancellation or delay of races is subject to the final decision of organizing committee. All teams should obey the arrangement announced by organizing committee.
- 3) In case weather condition is getting worse during the races, the organizer reserves the right to cancel or postpone the race. Entry fee would not be refunded.





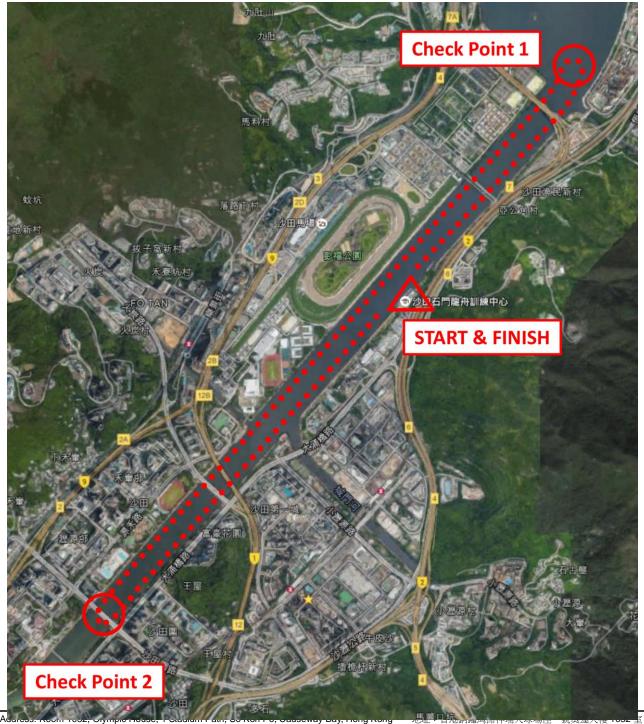
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10 km Race Course Arrangement

Starting from the HKCDBA Centre, heading the direction towards to Tai Po and pass by "Check Point 1" and U-turn. Then, heading towards Sha Tin and pass by "Check Point 2" (Close to Sha Yin Bridge). Then, turn back to the HKCDBA Centre as the end.

10 km Race Course Route





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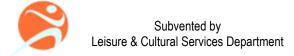
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5 km Race Course Arrangement

Starting from the HKCDBA Centre, heading the direction towards to Tai Po and pass by "Check Point 1" and U-turn. Then, heading towards Sha Tin and pass by "Check Point 2" (Seafood Floating Restaurant) and turn back to the HKCDBA Centre as the end.

5 km Race Course Route





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Race by-law

- 1) There is no limitation on number of entries of each organization.
- 2) Each paddler cannot represent different teams (sub-teams under the same team's name (Team A, Team B) are regarded as different teams) in the same category.
- 3) Teams must appoint a Team manager stay in marshalling area and communicate with staff during the race.
- 4) Coach can take the position of drummer or steersman. It should be marked on the crew registration form.
- 5) Substitutions for paddlers, drummer and steersman should meet the entry requirement of the categories participated.
- 6) Drummer and steersman should be Women in all Women Categories.
- 7) Category with less than 3 participating teams will be cancelled.
- 8) All participants should be holders of 2015-2016 HKCDBA registered athlete cards and present their ORIGINAL HKCDBA athlete Card for checking on the race day. For those who cannot present the HKCDBA athlete cards for any reasons, replacement with payment (HK\$100@ card) should be made on the spot.
- Participants may use their own paddles which must be in accordance to 5.2 Amendments of HKCDBA Competition Regulations and Rules of Racing.
- 10) HKCDBA organizing committee reserves the right to refuse any entry into the races at its sole discretion.
- 11) Any team who severely contravenes rules and regulations or disciplinary code will be disqualified, and are not entitled for any awards.
- 12) In case of discrepancy between Chinese and English information in this Bulletin, Chinese version shall prevail.

Enrollment Procedure

Date	Items							
26 October 2014, Monday	Enrollment deadline							
15 November 2015, Sunday Time: 08:30 am Venue: Hong Kong China Dragon Boat Association Training Center	Team managers' meeting (Race rules and regulations, race format and all the event arrangement will be announced.) All team managers should attend this meeting. Prior notice will not be issued. Those absentees' opinion on all the matters announced at the meeting and race appeal will not be accepted.							
15 November 2015, Sunday	Race day							





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Enrollment method

Please send the following documents to HKCDBA Secretariat by email / fax / post before deadline:

- 1) Completed "(1) Entry Form & (2) Crew Registration Form";
- 2) Entry Fee:
 - a. Crossed cheque; or
 - b. Direct deposit to **HSBC A/C 600-650-568-003** (Please clearly state the TEAM NAME.)
- 3) Athlete Registration & Admin. charge for changing information:
 - a. Crossed cheque; or
 - b. Direct deposit to **HSBC A/C 600-650-568-002** (Please clearly state the TEAM NAME.)

Points to note

- 1. Please make the fees payable to "Hong Kong China Dragon Boat Association".
- 2. Write down your team name and participated categories at the back of cheque or deposit slip.
- 3. Retain a copy of the cheque or deposit slip for your own record.
- 4. It will be deemed as outstanding payment if there is problem banking in your cheque.
- 5. Postal address: Room 1032, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay.

Enquiry

Hong Kong China Dragon Boat Association

Tel: (852)2504 8332 Website: www.hkdba.com.hk
Fax: (852)2577 1873 Email: hkdba@hkolympic.org

^{**} All personal data collected will be solely used for the purpose of arranging this event. Please contact the Association should you prefer to get back any documents submitted within one month upon the completion of the event else respective data will be permanently destroyed from the files.





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		(1) Entr	y Form		_
Team name Name of club/team organization	(Chi)		(Eng)	Member No. (If applicable)	
Address					
Contact person			Phone number emergency person & phone is	contact	
Participated cate	gory Open	Woman	Mixed	Senior (O40)	Junior (U23)
Standard Boat					
(20 max.) Small Boat (12max.)					
Association, we the information for at least 100 We understan Dragon Boat we consequence to our own new 2. We, the club / guardian(s) or responsibility conditions set 3. Hong Kong Copackages which purchase extractions are supported to the information of the packages which is a set of the information of the informati	which may refuse in supplied afores of meters. All of the distance or while traveled in the distance of the care and out in the above of the maximum contains under the coverage of the distance of the distan	e to accept this application are true, correct and are true, correct and are healthy, physical training or races at community and responsibility in ing to and from the very acceptance in health and for the team participal safety of each of comparagraph. The paragraph is \$20,000 and the team participal safety of each of comparagraph.	cation without given and complete. We ically fit, and suitable our own risk. We the event of injurience(s) if the caustiness. At we have obtain pating in this raction members. We our members. We our members. We our members. We our members and \$200,000	ing any reason there we declare that all the able to participate in the also agree to dischary, death or loss of pose of injury, death or led the prior approval ce under 18 years. We further confirm of Liability and Person 100 for accidental deat the information prior led to the prior approval to the linformation prior accidental deat the information prior led to the linformation prior accidental deat the linformation prior led to the led to the linformation prior led to the led to t	and regulations of the efore. We warrant that participants can swin the dragon boat races arge Hong Kong China property incurred, as a loss of property is due of the out acceptance of the eath respectively. I will rovided to be used by
Signature		Stamp of club	/ company / scho	ool	
Name			Da	ate	



Team name

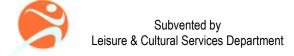
Standard Boat 10km(20 max.) Small Boat 5km

Category

(Chi)

Open

Organised by Hong Kong China Dragon Boat Association



Senior (O40)

Junior (U23)

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(2) Crew Registration Form

Women

(Eng)

Mixed

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	Coach													
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Participant without a valid HKCDBA athlete registration card should submit a separate application of Athlete Registration and leave the Athlete Registration Number blank.