

Organizer:



Supporting Organizations:



Kwun Tong Water Sports Festival 2016

Race Notice

- Organized by** : Hong Kong Water Sports Council
- Supporting NSAs** : Hong Kong, China Rowing Association (HKCRA)
Hong Kong Canoe Union (HKCU)
Hong Kong China Dragon Boat Association (HKCDBA)
- Date** : 26-27th March 2016 (Saturday & Sunday)
- Time** : 26th March 2016 (13:00-17:15)
27th March 2016 (09:00-12:30)
- Entry Deadline** : 14th March 2016 (Monday)
- Venue** : Kwun Tong Promenade, Kwun Tong, Kowloon



Kwun Tong Promenade
(Please enter by Tsun Yip Street)

1. Events offered (Distance):

HKCRA (500m)	HKCU (200m & 500m)	HKCDBA (500m)
Open M2x	MK1, FK1(500M)	Junior U23 small boat
Open W2x	MT1,FT1 (500M)	Senior O40 small boat
Open Mixed 2x	Stand-up Paddling 200M	Senior O50 small boat
Open M4x+		Open small boat
Open W4x+		Mixed small boat
Open Mixed 4x+		Women small boat

2. Race Course



VIP/Medal
Presentation and
Control Center

Audience Area

Indoor Rowing &
Dragon Boat
Machines
Promotional Area

VIP Reception,
Athlete Registration
and Athlete
gathering point

Boarding Pontoon
and Boat Storage
Area

3. General Eligibility

- 3.1 Each participant can only enter maximum **TWO** Events of each sport.
- 3.2 Each competitor shall be responsible for his own health and fitness and able to swim 50 meters in light clothing.

3.3. Rowing: -

3.3.1	Participants (except coxswains) must compete in events of their own sex origin.
3.3.2	For mixed events, 2x events should be composed of one male rower and one female rower. 4x+ should be composed of two male rowers and two female rowers.
3.3.3	The minimum weight for a coxswain (wearing racing uniform) is 50 kg for men's events and 40 kg for women's and mixed events. (To make up this weight, a coxswain may carry additional deadweight as close as practicable to his/her person in the boat. No article of racing equipment shall be considered as part of this deadweight.)
3.3.4	Coxswains shall be weighed wearing racing uniform on tested scales not less than one hour and not more than two hours before their first Race in each Event in which they are competing on each day of competition.

3.4 Canoe: -

3.4.1	The rules and regulations are accorded with ICF Competition Rules.
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3.5 Dragon Boat: -

3.5.1	Each category is limited to 4 teams, if more than four teams enrolled, a draw will be arranged on 15/3/2016, 5:00pm at Olympic House.
3.5.2	Maximum number of participants in each team should be 20 (i.e. 1 team manager, 1 coach, 1 drummer, 1 helm, 10 paddlers and 6 substitutions).
3.5.3	Must consist of at least 4 and no more than 6 female paddlers in Mixed Team.
3.5.4	For Junior U23, Senior O40 and Senior O50, Aged below 23, over 40 and 50 respectively as of 1 January 2016. (No limitation on helm and drummer)

4. Entry Procedure

- 4.1 Clubs wishing to take part in the Race should complete the enclosed **"Entry Form and Competitors Declaration Form"**, and submit by mail, or e-mail to the respective Sport Association on or before 14th March 2016, (Mon) (12:00 noon). Softcopy of the Entry Form and Declaration Form are available on the

respective Sport Association's website. E-mail entries are preferred.

- 4.2 Incomplete entry forms and telephone entries will not be accepted, and such entries will not be further processed. All Clubs should confirm their entries after submission of their entry form. All Sport Associations would not bear the responsibility of any missing mail or e-mail.

5. Preliminary Competition Schedule

Please refer to the attached preliminary competition schedule for reference. It will subject to changes.

6. Boats and Oars/Paddles

All competitors must use the boat and paddles provided by the organizer, no people can bring their own boat for race. The boat will be assigned by the organizer.

7. Prizes

Trophy will be awarded to the 1st, 2nd and 3rd placed crews in each event.

8. Entry Fees

Rowing	:	\$10/seat entry
Canoe	:	\$10/seat entry
Dragon Boat	:	\$160/entry

9. Payment Method:

Rowing	:	Cheque: Made payable to "Hong Kong, China Rowing Association"; or Transfer Payment: Transfer payment to the HSBC Account (002-6-187443) and fax back the payment slip or email with Reference No. (If using eBanking) to HKCRA with your Club's name written on it before the deadline.
Canoe	:	
Dragon Boat	:	Cheque: Made payable to "Hong Kong China Dragon Boat Association"; or Transfer Payment: Transfer payment to the HSBC Account (600-650568-002) and fax back the payment slip or email with Reference No. (If using eBanking) to HKCDBA with your Club's name written on it before the deadline.

10. Rules of Racing

Each sport will follow their own Rules of Racing.

Rowing	:	Rules of Racing of Hong Kong, China Rowing Association (Please refer to http://www.rowing.org.hk/web/en/HKRCARULENEW.pdf)
Canoe	:	http://www.hkcucanoe.com.hk/content/race/rules
Dragon Boat	:	It will be run in accordance to the IDBF Rules and Regulations and HKCDBA Hong Kong Amendments (4th Edition) (revised version released on 1st March 2015). Please download the race rules and regulation from HKCDBA website www.hkcdba.org .

11. Changing Facilities

There is neither bathing facilities nor changing room other than toilets at the venue. Competitors should take care of his or her own personal belongings.

12. Enquiries and Correspondence

HKCRA

All correspondence to: Mr Luke Chui, Assistant Sports Officer, HKCRA			
Email:	luke.c@rowing.org.hk	Website:	www.rowing.org.hk
Telephone:	2699 7229	Fax:	2601 4477

HKCU

All correspondence to: Miss Kay Lam, Assistant Sports Executive, HKCU			
Email:	hkcu@hkolympic.org	Website:	www.hkcucanoe.com.hk
Telephone:	2504 8186	Fax:	2838 9037

HKCDBA

All correspondence to: Mr. Thomas Chiu, Sports Executive, HKCDBA			
Email:	hkdba@hkolympic.org	Website:	www.hkcdba.org
Telephone:	2504 8332	Fax:	2577 1873