



2025-2026 年度

大專龍舟比賽

競賽規程

一、 賽制

(a) 賽制詳細情形請參閱附件一。

(b) 賽事共分為三個比賽類別，分別為：

- i. 男子小龍：每隊包括十名划手、一名鼓手及一名舵手，所有划手及鼓手均須是男性；
- ii. 女子小龍：每隊包括十名划手、一名鼓手及一名舵手，所有划手及鼓手均須是女性；
- iii. 男女子混合小龍：每隊包括十名划手、一名鼓手及一名舵手。各參賽隊伍應該包括最少 4 名、最多 5 名同性別划手參賽，擔任鼓手及舵手之人士性別不限。

(c) 參賽者須有足夠體能並能夠穿著輕便衣服游泳 50 米。

二、 規則

除賽會特別訂明外，其他規則以中國香港龍舟總會之本地修訂競賽條例及比賽規則（2023年4月1日第6修訂版），以及國際龍舟聯合會競賽條例及規則第8修訂版為依據。所有競賽條列及比賽規則均可於中國香港龍舟總會網站 www.hkcdba.org 下載。

** 所有參賽隊伍之領隊及隊員均有責任熟悉競賽條例及規則。

三、 計分辦法

計分詳情請參閱附件一。

四、 報名

(a) 各院校限報男子小龍、女子小龍及男女子混合小龍各一隊。報名表遞交後，所有運動員資料不得更改（包括個人資訊及相片）。報名表須經董事局成員簽署及蓋上院校印鑑。

(b) 每隊報名人數不得少於十一人及不多於十七人。這十一位隊員當中必須包括十名划手及一名鼓手，替補划手最多為六名。

(c) 除舵手外，所有運動員必須為香港大專體育協會會員院校全日制學生。

(d) 領隊：每支參賽隊伍須有一位領隊，他/她於該隊作賽期間必須留在隊員集合處內接受賽事職員指示，並擔任與賽事職員協調的角色。

(e) 教練：每支參賽隊伍可申請一位教練隨隊。已在報名表上正式登記之教練可於比賽時兼任該隊之舵手。

- (f) 鼓手或舵手之替補：所有在報名表名單上的運動員均可作為替補鼓手或舵手。
- (g) 運動員出生日期：所有運動員的出生日期必須介乎 1990年1月1日至 2008年12月31日
- (h) 報名費：報名參賽一或二種類別賽事的費用為港幣 1,000元正。參加所有類別賽事(男子小龍、女子小龍及男女子混合小龍)的費用為港幣 1,500元正。

五、器材

- (a) 所有器材均由中國香港龍舟總會（HKCDBA）提供。
- (b) 運動員可自備划槳作賽，但必須符合「中國香港龍舟總會本地比賽修訂條例及規則」5.2 項規定。
- (c) 運動員可自行決定穿著助浮衣與否。

六、裁判

由中國香港龍舟總會委派合資格裁判擔任。

七、棄權

- (a) 當到達法定比賽時間時，若參賽隊伍仍未能派出出賽下限人數的隊員報到（不少於十一人），該隊則會判作棄權論（以主委計時器為準）。
- (b) 比賽進行中如有任何爭議，裁判將根據中國香港龍舟總會本地比賽修訂條例及規則作出判定，不得異議。如有任何隊伍否定判決並拒絕作賽，一律視作棄權論。
- (c) 上述棄權隊伍必須就棄權一事向中國香港大專體育協會作書面解釋。該書面信函須經由所屬院校董事局成員簽署，並於賽事完成後七十二小時內（假期計算在內）提交。

八、抗議及上訴

所有上訴必須於比賽結果公佈後三十分鐘內，以書面方式並經由所屬院校董事局或執委會成員簽署後連同保證金港幣壹仟圓正，向賽事召集人提交。賽會須於接到上訴書後三十分鐘內會同上訴委員會作出判決。此判決為最終判決，如上訴得直保證金將獲發還。

九、天氣

- (a) 如遇比賽當天上午七時正，天文台宣佈三號風球或以上、紅色或黑色暴雨警告等訊號生效，所有賽事將會延期，延期的具體日期將會隨後公佈。
- (b) 如遇雷暴警告、一號風球或黃色暴雨警告訊號生效，各隊伍仍需依時報到。賽事舉行與否，均以大會作最終決定及安排，所有參賽隊伍必須遵從有關安排。
- (c) 基於安全考量，若賽事中途遇到任何惡劣天氣或特殊情況，大會有權取消或延遲任何賽事。

附則

- (a) 線道抽籤：線道抽籤將於 2026 年 2 月 27 號星期五由賽事主委及大專發展主任以視像會議形式進行。
- (b) 本章程如有未盡善之處，主辦單位會適時進行必要修訂，並提交大專體育協會執委會通過後實施。



USFHK Dragon Boat Competition 2025-2026

Rules

1. Format:

- a. Please refer to the Annex I for detailed information.
- b. There are three event categories, namely:
 - i. Men's small boat category: Consists of 10 male paddlers, 1 male drummer and 1 male helm.
 - ii. Ladies' small boat category: Consists of 10 paddlers, 1 female drummer and 1 female helm.
 - iii. Mixed team small boat category: Consists of 10 paddlers, 1 drummer and 1 helm. The team must have a minimum of four (4) and a maximum of five (5) paddlers of the same gender. The drummer and helm can be of any gender.
- c. All competitors must be physically fit and able to swim a minimum distance of 50m while clothed.

2. Competition Regulations and Rules of racing:

Competitions will run in accordance to the HKCDBA Competition Regulations and Rules of Racing (Edition No. 6, 1st April 2023) and IDBF Competition Regulations (Edition 8, Issue 1) and Rules of Racing (Edition 8.1), which can be downloaded from HKCDBA website: www.hkcdba.org.

** Team managers and athletes should be familiar with both Competitions Regulations and Rules of Racing.

3. Scoring system:

please refer to the Annex I for details.

4. Entries

- a. Each institution is limited to entering one men's small boat team, one ladies' small boat team and one mixed small boat team. Once enrollment is completed, athletes' details including data and photographs cannot be changed. The nomination form should be signed by a member of the USFHK Council with the college's seal/chop on the cover.
- b. The minimum number of athletes should be 11, and the maximum number is 17 in each team. Among the 11 athletes, 10 must be paddlers and one must be the drummer. The maximum number of substitute paddlers is 6.
- c. All athletes, except for the helm, must be full-time students of respective member institutions under the USFHK.
- d. Team Manager: Each team must have a team manager who must be present in the Crew Assembly Area during the team racing times and is under the management of the Race Officials. The team

manager is responsible for liaising with the Race Officials.

- e. Coach: each team may register one coach who may also take up the role of the helm during the competitions.
- f. Substitution of Drummer or Helm: All registered athletes are allowed to substitute as the drummer or helm.
- g. Age Eligibility of Athletes: All athletes must be born between 1st January, 1990 to 31st December, 2008.
- h. Entry Fees: HK\$1,000 for each institution that intends to register and participate in one or two categories of competitions. HK\$1,500 for each institution that intends to register and participate in all three categories (Men's Small Boat, Ladies' Small Boat and Mixed Team Small Boat)

5. **Equipment:**

- a. All equipment will be provided by HKCDBA.
- b. Athletes may use their own paddles for the race, provided that they comply with the requirements of Part 5 point 2 stated in the HKCDBA Competition Regulations.
- c. Wearing of Personal Floatation Device (PFD) is not compulsory.

6. **Referees:** Qualified referees will be provided by HKCDBA.

7. **Withdrawal**

- a. Any team not presenting a minimum number of athletes (not less than 11) at the scheduled competition start time (according to the clock at the official stand) shall be disqualified for the race.
- b. During a race, the referee will make decisions according to relevant HKCDBA Competitions Regulations and Rules of Racing. Should a team oppose the decision and refuse to race, the team shall be taken as withdrawing from the race.
- c. Teams withdrawing from any race as specified in 7.b above must submit an official explanation, signed by the Council Member of the respective institution, to the Chairman of the Executive Committee of USFHK within 72 hours (irrespective of holidays) of the event.

8. **Protests and Appeals:** Appeals shall be made in writing within 30 minutes after announcement of results and sent to the Convenor of the event. The written appeal has to be signed by a member of the Board of Directors OR member of the Executive Committee, together with a deposit of One Thousand Hong Kong Dollars. After receiving the protest/appeal, the decision made by the Appeal Committee shall be announced in 30 minutes and it shall be final. The deposit will be refunded if the appeal is valid.

9. **Weather**

- a. If typhoon signal No.3 or higher, or a red or black rainstorm warning signal is in force at 0700 on the race day, all races will be postponed. The revised dates will be announced accordingly.
- b. When a thunderstorm warning, typhoon signal No.1, or an amber rainstorm warning signal is in force on the race day, all teams must report on time. The cancellation or delay of races is subject to the final

decision of the organizer.

- c. In case weather condition is getting worse during the races, the organizer reserves the right to cancel or postpone the races.

By-laws

- a. Drawing of Lanes for Heats will be arranged by the Convenor and USFHK Development Officer via Zoom on 27th February 2026, Friday.
- b. If the regulations as herein stipulated are deemed insufficient, the organizer may amend them at any time, subject to approval and implementation by the Executive Committee of USFHK.



大專龍舟比賽 2025-2026

USFHK Dragon Boat Competition 2025-2026

賽制 Race Format 1 (1-6 隊 teams)

備註 Notes:

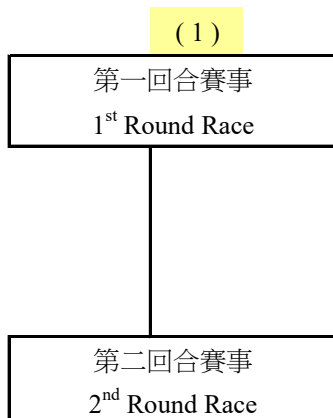
(1)

比賽場次及成績計算:

每院校隊伍共比賽兩個回合。每隊每一回合將根據其衝線名次給予分數，如沒完成或缺席者得零分。成績計算將為兩個回合所得分數之總和，最高分者為冠軍，其後依次為亞軍及季軍。

Race and Scoring :

Each category consists of two rounds of racing. In each round, teams earn points based on their finishing position. However, teams that did not start (DNS), did not finish (DNF), or got disqualified will receive zero points. The final result is determined by the total score accumulated from both rounds. The team with the highest total score will be the champion, while the teams with the second and third highest scores will be recognized as the first and second runner-up respectively.



成績計算:

Scoring:

衝線名次 Finishing Position	1	2	3	4	5	6
所得分數 Score	n+1	n-1	n-2	n-3	n-4	n-5
註: n = 線道總數 Where n = Total number of lanes						

和分:

Tie :

若有多於一隊兩個回合所得之總分相同，則以兩場的總時間成績定名次。

If more than one team have the same total score, the final ranking shall be determined by their total time of the two races.

賽道編排:

Race Lane Allocation:

- 各隊第一回合之賽事線道安排將在2026年2月27日(星期五)由賽事主委及大專發展主任以視像會議形式 Drawing of Lanes for the 1st round will be arranged by the Convenor and USFHK Development Officer via Zoom on 27th February 2026, Friday.
- 次回合之線道安排如下:
Lanes for the 2nd round shall be arranged as follows:

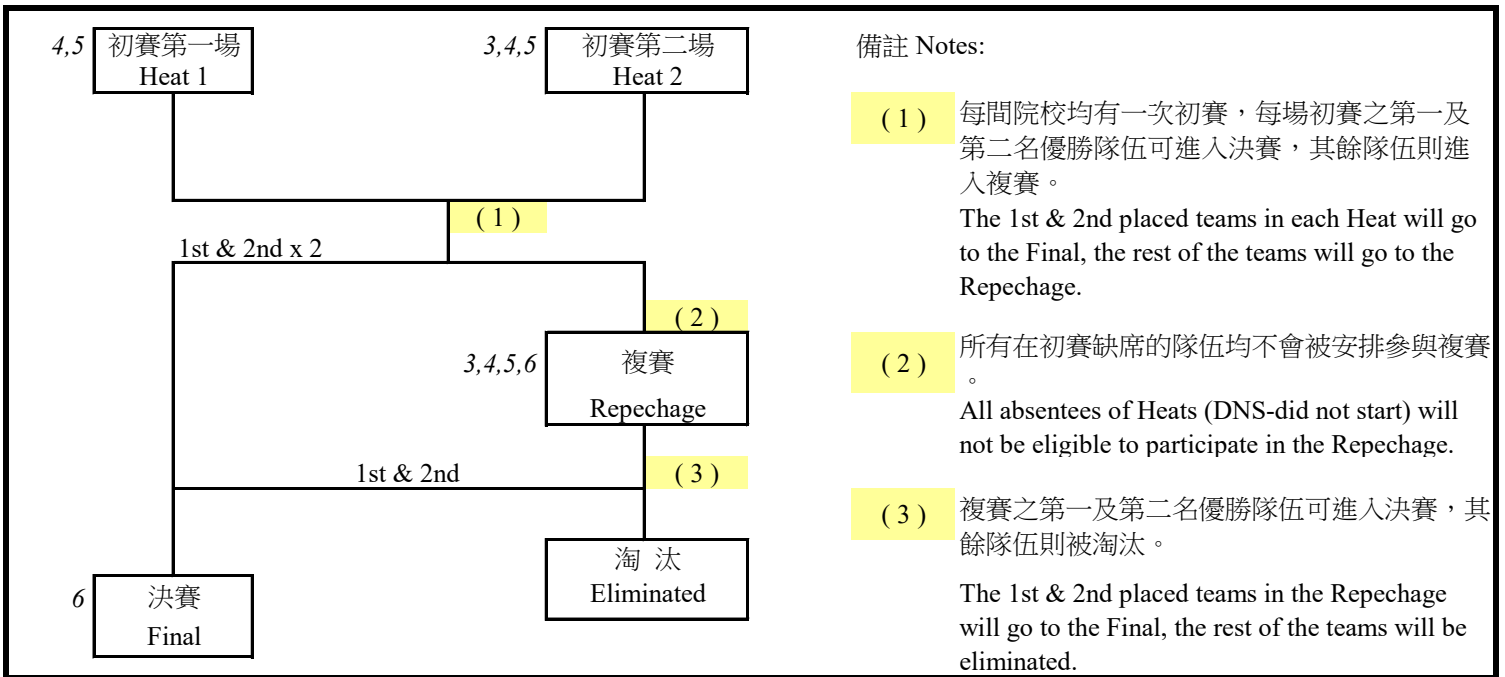
第二回合賽道分配 Lane Allocation for 2nd Round		1	2	3	4	5	6
第一回合賽道 Lane No. for the 1st Round	5 隊teams	4	5	1	2	3	
	6 隊teams	4	5	6	1	2	3



大專龍舟比賽 2025-2026

USFHK Dragon Boat Competition 2025-2026

賽制 Race Format 2 (7-10 隊 teams)



賽道編排:

Race Lane Allocation:

1. 各隊第一回合之賽事線道安排將在2026年2月27日(星期五)由賽事主委及大專發展主任以視像會議形式進行
Drawing of Lanes for the 1st round will be arranged by the Convenor and USFHK Development Officer via Zoom on 27th February 2026, Friday.

2. 各隊複賽之線道之安排將依各隊之初賽名次分配如下:

Lanes for the Repechage will be arranged according to the ranking in Heats as follows:

複賽賽道分配 Lane Allocation for Repechage	1	2	3	4	5	6
餘下隊伍初賽之名次 Ranking in Heats of remaining teams	初賽 1 第五名 5th in Heat 1	初賽 2 第四名 4th in Heat 2	初賽 1 第三名 3rd in Heat 1	初賽 2 第三名 3rd in Heat 2	初賽 1 第四名 4th in Heat 1	初賽 2 第五名 5th in Heat 2

3. 各隊決賽之線道安排將根據初賽及複賽之名次分配如下:

Lanes for the Final will be arranged according to the ranking in Heats & Repechage as follows:

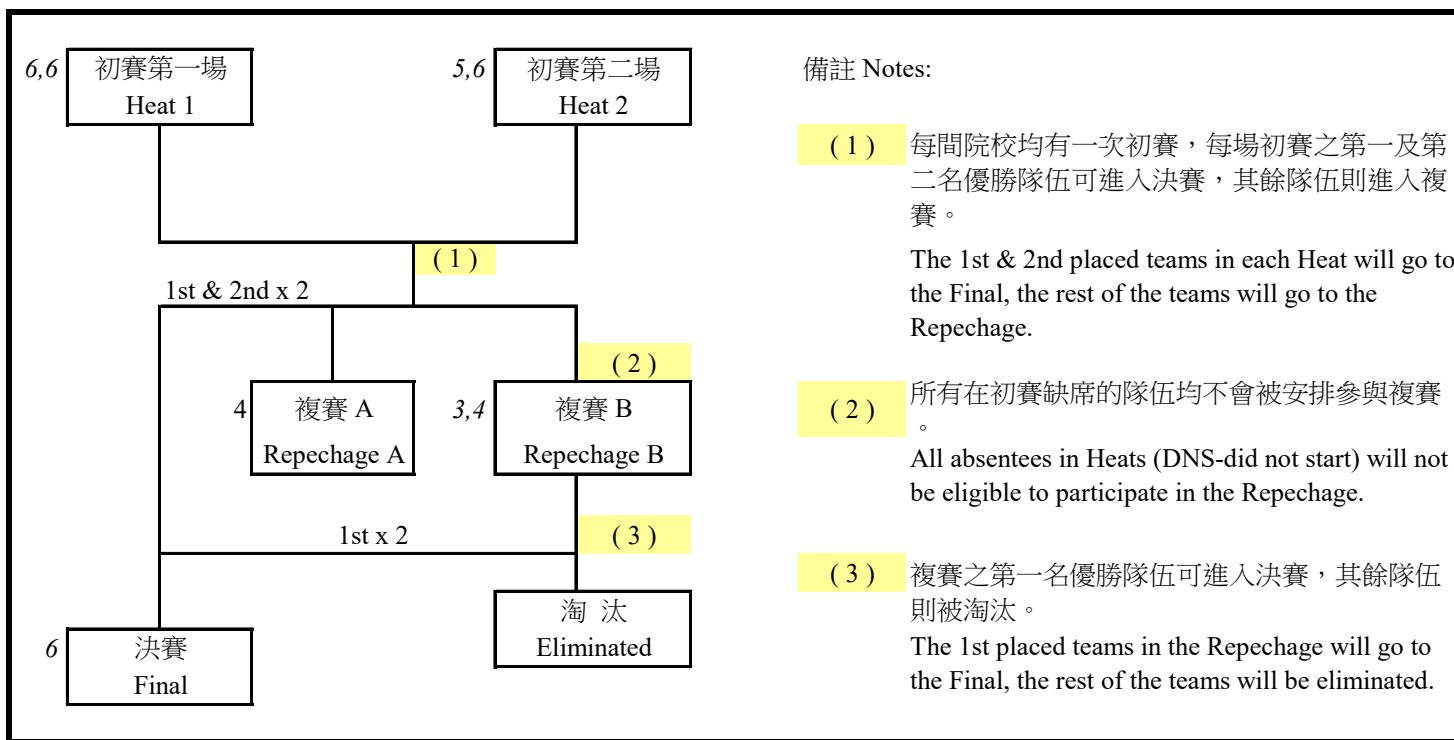
決賽賽道分配 Lane Allocation for Final	1	2	3	4	5	6
初賽及複賽之名次 Ranking in Heats & Repechage	複賽 第一名 1st in Rep.	初賽 2 第二名 2nd in Heat 2	初賽 1 第一名 1st in Heat 1	初賽 2 第一名 1st in Heat 2	初賽 1 第二名 2nd in Heat 1	複賽 第二名 2nd in Rep.



大專龍舟比賽 2025-2026

USFHK Dragon Boat Competition 2025-2026

賽制 Race Format 3 (11 -12 隊 teams)



備註 Notes:

(1) 每間院校均有一次初賽，每場初賽之第一及第二名優勝隊伍可進入決賽，其餘隊伍則進入複賽。

The 1st & 2nd placed teams in each Heat will go to the Final, the rest of the teams will go to the Repechage.

(2) 所有在初賽缺席的隊伍均不會被安排參與複賽。

All absentees in Heats (DNS-did not start) will not be eligible to participate in the Repechage.

(3) 複賽之第一名優勝隊伍可進入決賽，其餘隊伍則被淘汰。

The 1st placed teams in the Repechage will go to the Final, the rest of the teams will be eliminated.

賽道編排:

1. 各隊第一回合之賽事線道安排將在2026年2月27日(星期五)由賽事主委及大專發展主任以視像會議形式進行。

Race Lane Allocation:

Drawing of Lanes for the 1st round will be arranged by the Convenor and USFHK Development Officer via Zoom on 27th February 2026, Friday.

2. 各隊複賽之線道之安排將依各隊之初賽名次分配如下:

Lanes for the Repechage will be allocated according to the ranking in Heats as follows:

複賽A賽道分配	1	2	3	4	5	6
餘下隊伍初賽之名次 Ranking in Heats of remaining teams		初賽 1 第五名 5th in Heat 1	初賽 1 第三名 3rd in Heat 1	初賽 2 第四名 4th in Heat 2	初賽 2 第六名 6th in Heat 2	
複賽B賽道分配	1	2	3	4	5	6
餘下隊伍初賽之名次 Ranking in Heats of remaining teams		初賽 2 第五名 5th in Heat 2	初賽 2 第三名 3rd in Heat 2	初賽 1 第四名 4th in Heat 1	初賽 1 第六名 6th in Heat 1	

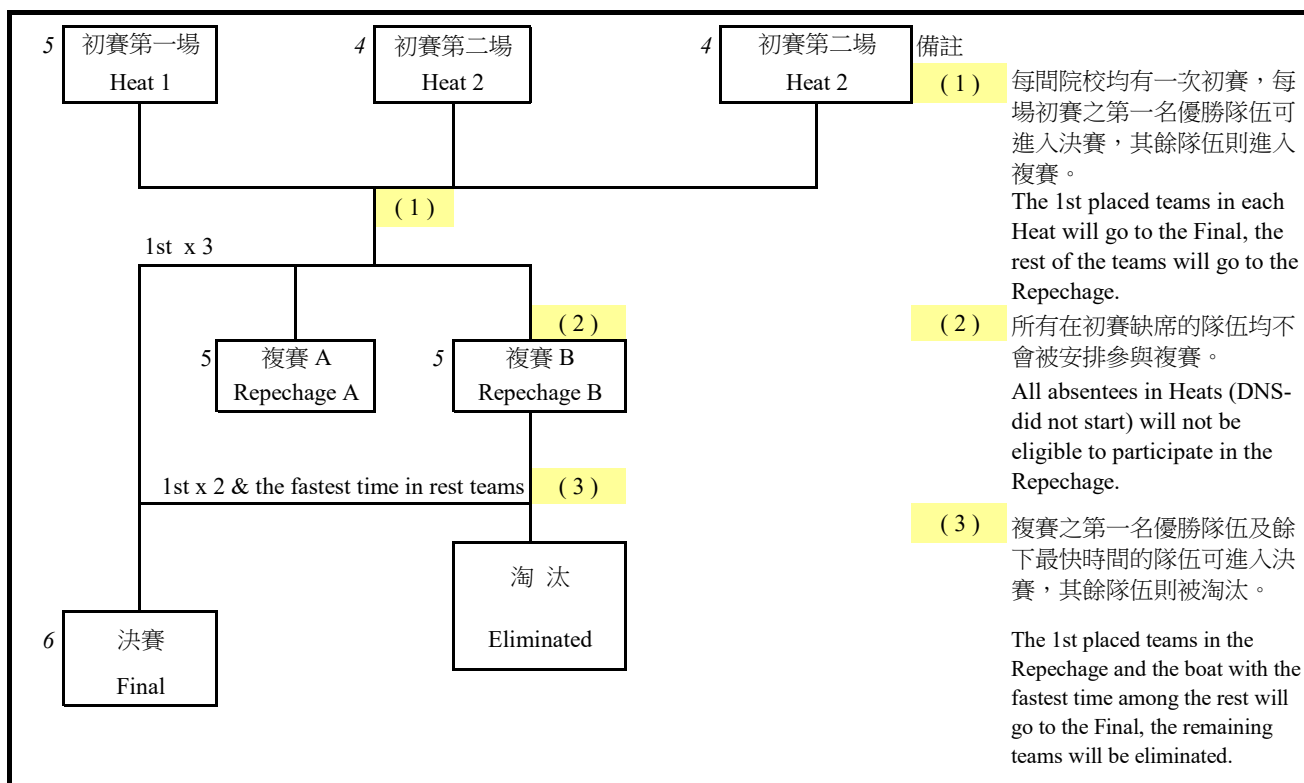
3. 各隊決賽之線道安排將根據初賽及複賽之名次分配如下:

Lanes for the Final will be allocated according to the ranking in Heats & Repechage as follows:

決賽賽道分配	1	2	3	4	5	6
初賽及複賽之名次 Ranking in Heats & Repechage	複賽 A 第一名 1st in Rep A	初賽 2 第二名 2nd in Heat 2	初賽 1 第一名 1st in Heat 1	初賽 2 第一名 1st in Heat 2	初賽 1 第二名 2nd in Heat 1	複賽 B 第一名 1st in Rep. B



賽制 Race Format 4 (13 隊 teams)



賽道編排:

1. 各隊第一回合之賽事線道安排將在2026年2月27日(星期五)由賽事主委及大專發展主任以視像會議形式進行。

Race Lane

Drawing of Lanes for the 1st round will be arranged by the Convenor and USFHK Development Officer via Zoom on 27th February 2026, Friday.

Allocation:

2. 各隊複賽之線道之安排將依各隊之初賽名次分配如下:

Lanes for the Repechage will be allocated according to the ranking in Heats as follows:

複賽A賽道分配 Lane Allocation for Repechage A	1	2	3	4	5	6
餘下隊伍初賽之名次 Ranking in Heats of remaining teams	初賽 3 第四名 4th in Heat 3	初賽 2 第三名 3rd in Heat 2	初賽 1 第二名 2nd in Heat 1	初賽 3 第二名 2nd in Heat 3	初賽 1 第四名 4th in Heat 1	
複賽B賽道分配 Lane Allocation for Repechage B	1	2	3	4	5	6
餘下隊伍初賽之名次 Ranking in Heats of remaining teams	初賽 1 第五名 5th in Heat 1	初賽 3 第三名 3rd in Heat 3	初賽 2 第二名 2nd in Heat 2	初賽 1 第三名 3rd in Heat 1	初賽 2 第四名 4th in Heat 2	

3. 各隊決賽之線道安排將根據初賽及複賽之名次分配如下:

Lanes for the Final will be allocated according to the ranking in Heats & Repechage as follows:

決賽賽道分配 Lane Allocation for Final	1	2	3	4	5	6
初賽及複賽之名次 Ranking in Heats & Repechage	複賽 B 第一名 1st in Rep B	初賽 3 第一名 1st in Heat 3	初賽 1 第一名 1st in Heat 1	初賽 2 第一名 1st in Heat 2	複賽 A 第一名 1st in Rep. A	餘下最 快時間 隊伍 Fastest Boat among the rest



大專龍舟比賽 2025-2026

USFHK Dragon Boat Competition 2025-2026

全場總冠軍計算方法 Scoring System of Overall Champion Team

- 根據每隊每一組別總名次重新給予分數。
New points will be given to teams according to their final position in each category.
- 每隊的男子小龍及女子小龍兩項的得分總和。
The aggregate new points of Men's Small Boat and Ladies' Small Boat will be counted for overall title.
- 如有同分, 則以相關對伍在男子小龍及女子小龍兩支隊伍在決賽時的時間總和來決定名次。
If the total score are tied, the total finishing times of both Men's and Ladies' Small Boat Finals of the corresponding institution will be calculated to determine the final ranking of the Overall Champion Team.

各組別總名次 Final position in each category	所得分數 Score
1	12
2	9
3	7
4	6
5	5
6	4
7	3
8	2
9	1