

**REVISED**

## Young Post 6<sup>th</sup> Hong Kong Inter-school Dragon Boat Championships

### BULLETIN

**1 Date and Time**

0930 – 1730, April 19, 2015 (Sun)

**2 Venue**

HKCDBA Shatin Training Centre, 51E On King Street, Shatin (Exit C of Shek Mun Station)

**3 Race Categories**

	<u>Men</u>	<u>Mixed</u>	<u>Women</u>
International Small Boat 200M (a.m.)	✓	✓	✓
International Standard Boat 200M (p.m.)	✓	✓	✓

**4 Entry Requirement**

- a) Full time secondary school students in Hong Kong; and
- b) Participants must be current students of the participating school; and
- c) Participants must be able to swim 50 meters with light clothing.

**5 Fee**

- a) Free-of-charge.
- b) Each school is required to provide a cheque of HK\$500 as deposit when submitting the Entry Form (please refer to Appendix). Once the school crew completed at least one race at the “Young Post 6<sup>th</sup> Hong Kong Inter-school Dragon Boat Championships”, the cheque will be returned within one week upon the completion of the race(s). Otherwise, the cheque will be forfeited.
- c) For schools already submitted deposit cheques when enrolled in the Elementary Dragon Boat Training Course will be exempted.

**6 Enrollment**

Please send the completed Entry Form (please refer to Appendix) and the cheque to Room 1032, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay on or before March 20, 2015. Late entries will not be accepted.

**7 Lane Draw**

1900, April 2, 2015 (Thu) at Meeting Room, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay

**8 Team Managers Meeting**

1900, April 10, 2015 (Fri) at Meeting Room, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay

**9 General Race Rules and Regulation**

It will be run in accordance to IDBF Rules and Regulations and HKCDBA Hong Kong Amendments (3rd Edition). Please download the race rules and regulation from HKCDBA website <http://www.hkdba.com.hk> or [www.yip.scmp.com/dragonboat](http://www.yip.scmp.com/dragonboat).

**\*\* All team managers and participants should have thorough understanding of related race rules and regulations.**

## 10 Race Format

This is a single-elimination championships and each crew is required to participate in 2 races, one Heat and one Final. Details of the race format will be announced at the team managers' meeting.

Rules for each race categories :

- a) Same set of race rules applies to Men, Women and Mixed categories
- b) Lanes and race groups for Heats will be arranged by draw lots at the Lane Draw Meeting.
- c) Based on the finishing time in Heats, groups of 6 crews each will participate in different Finals:  
1<sup>st</sup> to 6<sup>th</sup> placed crews in each Heat will go to the Gold Cup Final Race, 7<sup>th</sup> to 12<sup>th</sup> to Silver Cup Final, 13<sup>th</sup> to 18<sup>th</sup> to Gold Plate Final, 19<sup>th</sup> to 24<sup>th</sup> to Silver Plate Final, 25<sup>th</sup> to 30<sup>th</sup> to Gold Bowl Final, 31<sup>st</sup> to 36<sup>th</sup> to Silver Bowl Final, 37<sup>th</sup> to 41<sup>st</sup> to Gold Shield Final, 43<sup>rd</sup> to 48<sup>th</sup> go to Silver Shield Final etc.
- d) If there are 7 crews in a group due to finishing time, they will be grouped into one race. However, if there are 8 to 11 crews in a group, 2 races will be arranged (i.e. a split of 4:4, 5:4, 5:5 or 6:5 crews).
- e) Lanes for Finals will be allocated according to the finishing time in Heats as follows:  
The best finishing time will go to Lane 3, 2<sup>nd</sup> placed to Lane 4, 3<sup>rd</sup> placed to Lane 2, 4<sup>th</sup> placed to Lane 5, 5<sup>th</sup> placed to Lane 1, 6<sup>th</sup> placed to Lane 6 and if there are 7 crews, 7<sup>th</sup> placed will go to Lane 7.

## 11 Awards

- a) Each participant will receive a Certificate of Participation.
- b) Winners of different Final Races will receive the following awards:
  - The Champion, 1<sup>st</sup> and 2<sup>nd</sup> runner-ups of the Gold Cup will be awarded a Cup and medals (18 medals for Small Boat and 32 for Standard Boat) ; 3<sup>rd</sup> to 5<sup>th</sup> runner-ups will be awarded a Cup.
  - The Champion, 1<sup>st</sup> and 2<sup>nd</sup> runner-ups of the Silver Cup, Gold Plate, Silver Plate, Gold Bowl, Silver Bowl, Gold Shield and Silver Shield Races will be awarded a Cup.

## 12 Important Guidelines

- a) Each participant should represent for one school team in each category.
- b) There is no limitation on the number of entries for each school.
- c) Categories with less than 3 participating crews will be cancelled.
- d) Qualified helms will be provided by the organizing committee; however, participating crews may also arrange their own helms. If helm service is required, please be reminded to state clearly in the entry form that "helm provided by organizer".
- e) Participants should present the original copy of their valid student IDs or handbooks to our staff on the race day for identification check.
- f) International Small Boat : Maximum number of participants in each crew should be 18, i.e. 1 team manager, 1 coach, 1 drummer, 1 helm, 10 paddlers and a maximum of 4 reserve paddlers.  
International Standard Boat : Maximum number of participants in each crew should be 32, i.e. 1 team manager, 1 coach, 1 drummer, 1 helm, 20 paddlers and a maximum of 8 reserve paddlers.
- g) Rules on gender requirement under different race categories :  
Men – All paddlers must be male. There is no gender requirement for the drummer and helm.

Women – All paddlers must be female. There is no gender requirement for the drummer and helm.

Mixed International Small Boat – Must have a minimum of 4 but no more than 6 female paddlers. There is no gender requirement for the drummer and helm.

Mixed International Standard Boat – Must have a minimum of 8 but no more than 12 female paddlers. There is no gender requirement for the drummer and helm.

- h) Team manager or coach can also take up the role as helm and should be marked on the crew registration form.
- i) Reserve paddlers, helm or drummer should meet the entry requirement of their own category.
- j) **All participants shall meet the following criteria:**
  - a current student of the participating secondary school; and
  - studies in the participating school for at least one month.
- k) Any crew member who severely contravenes rules and regulations or disciplinary code will be disqualified and will not be entitled to any awards.

### 13 Race Equipment & Dress Code

- a) All related equipment will be provided by HKCDBA. Participating crews may also use their own paddles and/or life jackets that comply with the Competition Regulations and Rules of Racing as stated in point 9 above.
- b) Participants should wear life jackets or buoyancy aids, shoes covering toes and heels, and the same team uniform during the competition.

### 14 Arrangement under inclement weather

- a) If typhoon signal No. 3 or above, red or black rainstorm warning signal is in force 2 hours before the race commences, all the races will be cancelled.
- b) If thunderstorm warning, typhoon signal No. 1, strong monsoon signal, amber rainstorm warning signal is in force on the race day, all crews shall report on time. In case weather condition is getting worse during the races, the organizer reserves the right to cancel or postpone the race. All crews should straightly follow the arrangement announced by the organizing committee.
- c) Cancellation or delay of races is subject to the final decision of the organizing committee.

### 15 Enquiry

Hong Kong China Dragon Boat Association

Tel : (852) 2504 8332

Email : [hkdba@hkolympic.org](mailto:hkdba@hkolympic.org)

Fax : (852) 2577 1873

Website : [www.hkdba.com.hk](http://www.hkdba.com.hk)

- 16 All matters and disputes over this event will be subject to the final decision of HKCDBA.

Appendix

## Young Post 6<sup>th</sup> Hong Kong Inter-school Dragon Boat Championships ENTRY FORM (1)

Staff Only  
Date of receipt

Name of School \_\_\_\_\_

Name of Crew/Team \* \_\_\_\_\_

Address \_\_\_\_\_

Contact \_\_\_\_\_ Title \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Contact Name and Phone in case of emergency: \_\_\_\_\_

\* Must start with the name of school.

Race categories (Please fill in number of entries)

Categories	Men	Mixed	Women
International Small Boat 200M			
International Standard Boat 200M			

 Yes, our school has already submitted a deposit cheque of HK\$500 when enrolled in the Elementary Dragon Boat Training Course in February 2015.
**Declaration**

- (1) We declare that all participants are healthy, physically fit, be suitable to participate in dragon boat competitions, and able to swim 50 meters with light clothing. We understand that we join the competition at our own risk. We are willing to comply with all HKCDBA rules and regulations. We also agree to discharge Hong Kong China Dragon Boat Association from any responsibility in the event of injury, death or loss of property incurred, as a consequence of or while traveling to and from the venue(s) if the cause of injury, death or loss of property is due to my own negligence or inadequacy in health and fitness. Hong Kong China Dragon Boat Association has purchased Public Liability and Personal Incident Insurance package which maximum compensation is HK\$20,000,000 and HK\$200,000 for accidental death respectively. We will purchase extra insurance coverage ourselves if necessary.
- (2) We confirm that all participants aged below 18 have obtained consent from his / her parent / guardian to join this competition and the above-mentioned declaration and regulations.
- (3) We agree the contacts provided in this application can be used by Hong Kong China Dragon Boat association (HKCDBA) for the organization of the event, enrollment, compilation of statistics, future liaison work, promotion of future activities organized by HKCDBA and verification of identity for refund arrangements.
- (4) We agree and accept all terms and regulations listed above.

Name of school representative \_\_\_\_\_ Signature of school representative \_\_\_\_\_

Position \_\_\_\_\_ Date \_\_\_\_\_

Stamp of school



Young Post

Hong Kong China Dragon Boat Association

Leisure and Cultural Services Department

The Hong Kong Schools Sports Federation

Appendix

## Young Post 6th Hong Kong Inter-school Dragon Boat Championships ENTRY FORM (2)

Name of Crew/Team \* \_\_\_\_\_

Participated categories \_\_\_\_\_

**Crew list:**

\* Must start with the name of school

	Please indicate Participants' position with "X"						Name in English	Name in Chinese	Age	Sex
	Leader	Coach	Drummer	Helm	Paddler	Reserved				
1.										
2.										
3.										
4.										
5.										
6.										
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8.										
9.										
10.										
11.										
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14.										
15.										
16.										
17.										
18.										

Name of school representative \_\_\_\_\_

Signature of school representative \_\_\_\_\_

Position \_\_\_\_\_

Date \_\_\_\_\_

Stamp of school

For teams participating in the International Standard Boat races, please make a copy of this form for the crew list for up to 32 pax.