

1. Official Invitation

Dear Dragon Boat Friends,

I am happy to inform you that Mr. Mike MacKeddie-Haslam, the IDBF President, has notified the Iran Dragon Boat Association (IranDBA) that the IDBF Executive Committee has agreed to the establishment of a West & Central Asian Dragon Boat Federation (WADB) with a Secretariat in Tehran, hosted by the IranDBA and to the holding of the 1st Congress of the WADB on 25 May 2015 in Tehran.

Furthermore, the 1st WADB Club Crew Dragon Boat Championships will be held in Tehran on the days immediately before the 1st Congress, from 22 to 24 May 2015.

IDBF Special Vice-President Ahmad Donyamali, will Chair a WADB Steering Committee, with representatives drawn from the Iran DBA, IDBF Officials and other IDBF Members in the Region, to co-ordinate the 1st WADB CCC and to formally establish the West & Central Asian Dragon Boat Federation. Therefore your clubs are kindly invited to participate in this 1st WADB CCC and in this Bulletin you can find the most important information you need for this event.

Your Federation is also invited to attend the Congress. The IranDBA will fully host one delegate from each country to attend the Congress where the formal election of the WADB President, Vice-Presidents, Secretary General and Treasurer, will take place and the Statutes and Bye-Laws of the WADB adopted.

Within the attached Information Bulletin, you will find entry details and logistical information about the 1st WADB CCC and the draft WADB Statutes and By-Laws for your perusal. Should you have any comments or suggested amendments to the Statutes & By-Laws, please submit them by email to the IDBF President at mikehaslam@aol.com

If you need any further information, please do not hesitate to contact IranDBA.

We hope to see you all in Tehran!



Mohammad Cany

President of Iran Dragon Boat Association



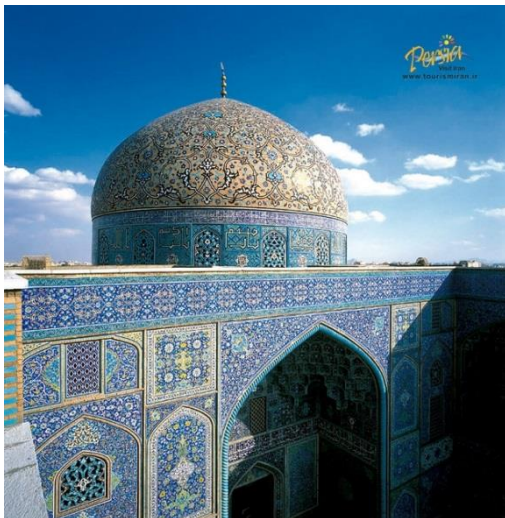
Ahmad Donyamali

IDBF Special Vice-President



2. Iran

Iran, Persia, Pars, you have heard them all, a country as old as the history itself and as beautiful as eyes can perceive. Here you can visit glorious ancient structures like Persepolis, you can visit most amazing natural beauties like Harra mangroves, you can climb high mountains like Alborz, or just have a cup of tea in Hāfiz Garden, you can swim in the Caspian Sea, or if you want to swim in winter season why not



do that in Kish Island, where you can do your shopping too. In Iran you will experience different cultures and religions, with a hospitality you have never seen before.



This country is home to one of the world's oldest civilizations. The first dynasty in Iran formed during the Elamite kingdom in 2800 BC. The Iranian Medes unified Iran into an empire in 625 BC. They were succeeded by the Iranian Achaemenid Empire, the Hellenic Seleucid Empire and two subsequent Iranian empires, the Parthians and the Sassanids, before the Muslim conquest in 651 AD. Iranian post-Islamic dynasties and empires expanded the Persian language and culture throughout the Iranian plateau.

The 18th-largest country in the world in terms of area at 1,648,195 km² (636,372 sq mi), Iran has a population of around 75 million. Its wildlife is composed of several animal species including bears, gazelles, wild pigs, wolves, jackals, panthers, Eurasian Lynx, and foxes. Domestic animals include sheep, goats, cattle, horses, water buffalo, donkeys, and camels. The pheasant, partridge, stork, eagles and falcon are also native to Iran.



3. Tehran

Tehran is the capital of Iran. With a population of 12,223,598 it is also Iran's largest urban area and city, the largest city in Western Asia and the 5th-largest city globally. The city is home to many historic mosques, churches, synagogues and Zoroastrian fire temples. Contemporary Tehran is a modern city featuring many structures, of which the Azadi (Freedom) Tower and the Milad Tower have come to be symbols of Tehran itself.



Tehran features a semi-arid, continental climate. Tehran's climate is largely defined by its geographic location, with the towering Alborz Mountains to its north and the central desert to the south. It can be generally described as mild in the spring and autumn, hot and dry in the summer, and cold in the winter.

In the table below shows the weather conditions of Tehran in May.

	Tehran, Iran
Elevation m (ft)	1,200 (3,900)
Record high °C (°F)	33.6 (92.5)
Average high °C (°F)	19.8 (67.6)
Average low °C (°F)	9.8 (49.6)
Record low °C (°F)	-1.6 (29.1)
Precipitation mm (inches)	50.1 (1.972)
Average rainy days	10.0
Humidity %	44
Mean monthly sunshine hours	219.1

4. Imam Khomeini International Airport

The most common and recommended way to get to Tehran is through “Imam Khomeini International Airport (IKA)”. The airport is located about 30 kilometers (19 mi) southwest of the city. IKA is equipped with the ILS since August 2009 and obtained the international certificate of Integrated Management System (IMS). IMS includes OHSAS 18001, ISO 14001: 2004 and ISO 9001, which are issued for safety and professional hygiene, protecting the environment and the quality of management respectively.



Imam Khomeini Airport is accessible from Tehran by Car, taxi and bus via the Tehran-Qom Freeway. An airport access road connects the freeway to the airport terminal.

5. Azadi Sport Complex

The Azadi Sport Complex is the national sports complex of Iran based in Tehran. It is the biggest sports complex in Iran. The massive Azadi Stadium is located within the walls of this complex.

The Azadi Lake which is placed inside the complex was the host venue of Asian Canoe Sprint Championships 2002, 2009, 2011, Asian Canoe Slalom Championships 2002, Asian Canoe Polo Championships 2002, 2011 and World Para Canoe Championships 2002.



6. Program

Date	Program
22 May 2015	Registration, Training, Team Leaders Meeting
23 May 2015	Competitions
24 May 2015	Competitions
25 May 2015	Congress

7. Race Categories

Age & Gender	Distances
Premier Women	2000 m
	500 m
	200 m
Premier Men	2000 m
	500 m
	200 m



8. Rules & Regulations

Basically the IDBF Rules and Regulations applies to these competitions, except the number of paddlers in a boat is between 16 to 18 paddlers.

9. Entry, Registration & Deadlines

Entry From	Deadline
Preliminary Entry	20 February 2015
Passport Copies for Visa	25 February 2015
Numerical Entry	20 March 2015
Nominal Entry	20 April 2015
Registration	22 May 2015



- The Entry Forms is available at the doc format.
- The registration fee of 25 USD per person should be paid on registration desk.

10. Accommodation

Type	Name	Email	Tel	Distance to Venue	Room Type	Price per Person per Night (USD)
Hotel	Parsian, 5 *	Reservation@azadihotel.com	+98 21 29112	25 min (Car) 15 km	Single	143
					Double	102
					Triple	79
	Olympic, 4 *	reservation@olympichotel.ir	+98 21 44739300	1 min (Car) 0.5 km	Single	117
					Double	59
					Triple	51
	Academy, 4 *	info@academyhotel.ir	+98 21 44739251 +98 21 44739252 +98 21 44739253	2 min (Car) 1 km	Single	107
					Double	54
					Triple	48
					Quadruple	40
	Asareh, 4 *	info@asarehhotel.com	+98 21 66564555	15 min (Car) 8 km	Triple	42
					Single	38
					Double	22
					Triple	20
	Pazhouhesh, 3 *	info@pazhouheshhotel.com	+98 21 44580167 +98 21 44580173	15 min (Car) 13 km	Quadruple	18
					Single	60
					Double	30
					Triple	20
Dormitory	Olympic Academy	info@irandba.ir	+98 912 6197262	25 min (Car) 15 km	Single	60
	Cycling	info@irandba.ir	+98 912 6197262	1 min (Car) 0.5 km	Double	30
	Azadi	info@irandba.ir	+98 912 6197262	1 min (Car) 0.5 km	4-8 beds	12
					4-6 beds	4



11. Food

The high quality food is available in the restaurant of Azadi Sport Complex:

Type	Meal	Price (USD)
Menu 1	Breakfast	3
	Lunch/Dinner	6
Menu 2	Breakfast	2
	Lunch/Dinner	4



12. Congress of West & Central Asian Dragon Boat Federation

The 1st Congress of West & Central Asian Dragon Boat Federation would be held on 25 May 2015. One delegate per country is fully hosted to come to the Congress. Please submit the attached Congress attendance form to info@irandba.ir before 20 March 2015.

Date	Time	Program
25 May 2015	09:00-12:00	WADBF Congress
25 May 2015	14:00-16:00	WADBF Executive Committee Meeting

13. Transportation

13.1. Airport Transportation

The Airport transportation would be provided for the teams on 10 USD per person per way.

13.2. Local Transportation

The transportation between the Hotel and the venue would be provided for the teams on 5 USD per person per way.



14. Visa

We need your scanned passport copies before 25 February 2015 to send the Visa reference number that should be presented to the respective Iran embassy in your country.

15. Coaching Course

There would be an IDBF Coaching Course under the supervision of IDBF officials. The details of the course will be announced later.

16. Contact Information

Website	www.irandba.ir
Email	info@irandba.ir
Tel/Fax	+98 21 4473 9050
Mobile	+98 912 619 7262
Contact Person	Mohammadreza Dorkhah

